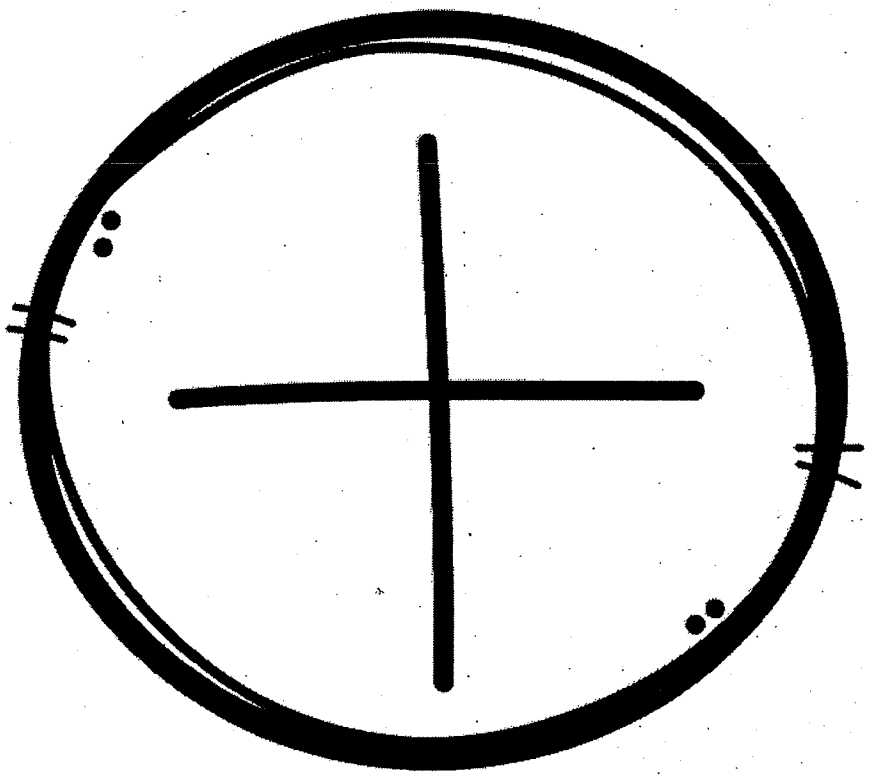
MY FIRST COMMUNION BOOK



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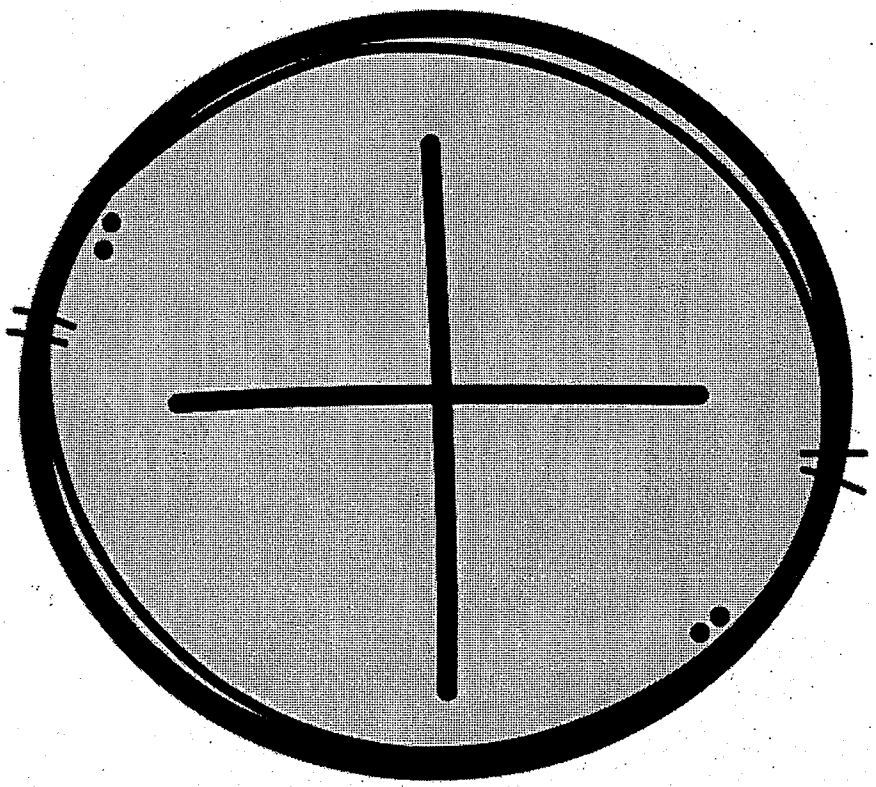
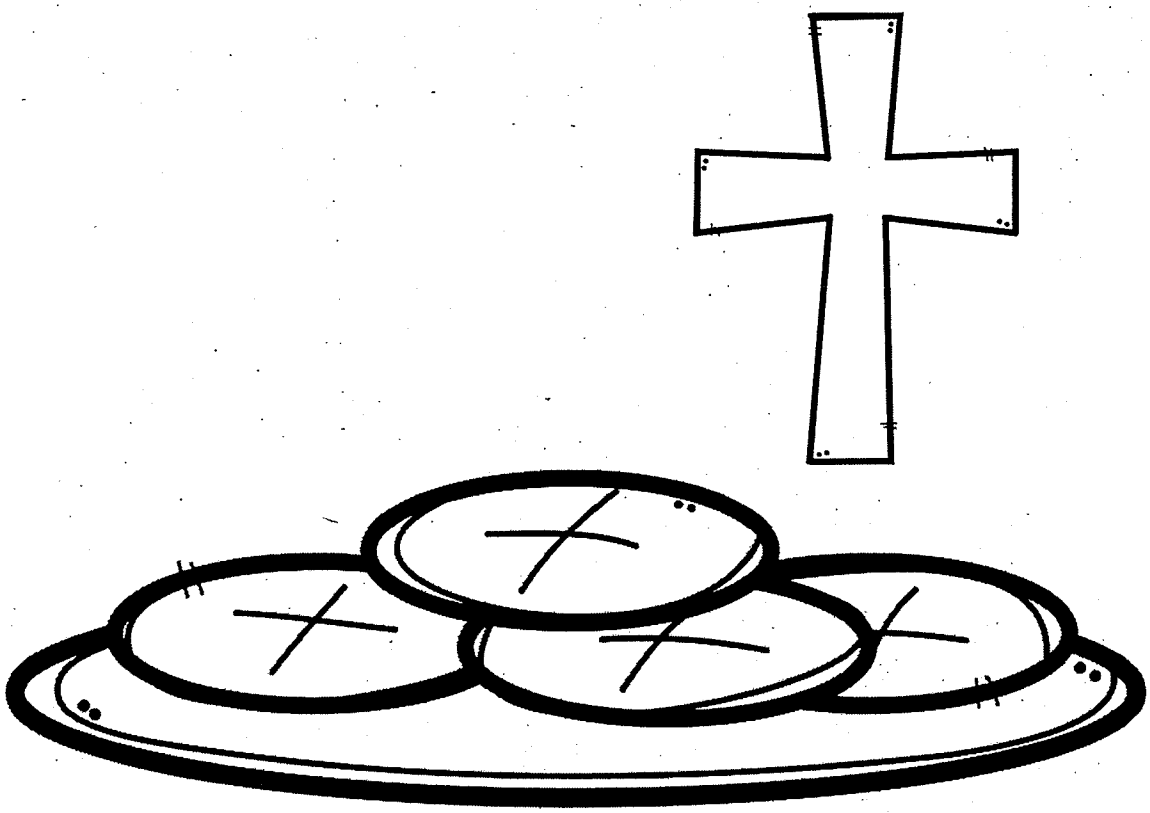
FIRST COMMUNION

We celebrate receiving the Body and Blood of Jesus for the first time.



WHAT DOES FIRST COMMUNION MEAN?



Whenever you receive your First Communion, it is a big celebration! The focus of this holy day should be all about the bread and wine becoming the Body and Blood of Jesus Christ.

WHAT DO I DO?

When you are about to receive the Eucharist, bow and genuflect to show reverence to Jesus.

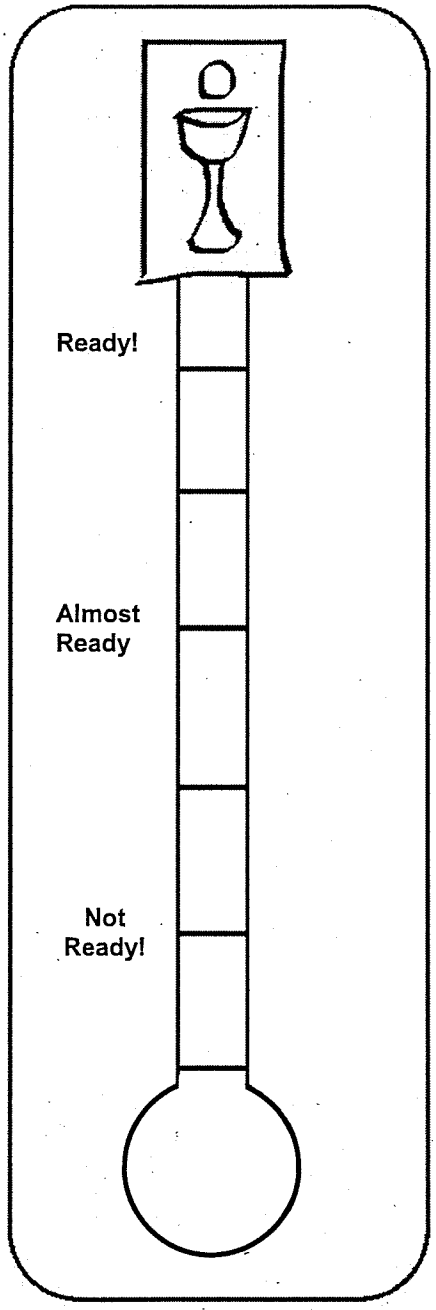
WHAT DO I DO?

As you are receiving the Eucharist, say, "Amen!" Remember this means, "Yes, I believe!"

WHY IS MY FIRST COMMUNION IMPORTANT?

WHO HAS HELPED ME PREPARE FOR MY FIRST COMMUNION?

First Communion
Prepare-O-Meter



Are you ready for your First Communion? Circle Yes or No for each question below. For each Yes answer, color one of the segments of the meter. Start from the bottom of the meter.

Can you make the Sign of the Cross?

Yes No

Can you say the Our Father?

Yes No

Can you pray the Hail Mary?

Yes No

Do you go to church?

Yes No

Do you know the Eucharist is the Body and Blood of Jesus?

Yes No

Can you name the 7 Sacraments?

Yes No

Can you tell what Jesus did for us?

Yes No

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During the Mass the assembly offers the gifts of the bread and wine. DRAW the bread and wine that are offered at Mass. Then WRITE a short prayer to Jesus thanking Him.

_____

_____

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