

Renewal of The Heart Presents...

# RESISTING HAPPINESS

Based on the videos and book Resisting Happiness by Matthew Kelly

**When we resist God we resist happiness**

*We are inviting you to explore “the universal call to holiness”.  
“God wants you to become the–best–version–of–yourself”*

**GOD INVITES US TO CHANGE AND GROW EVERY DAY AND  
HE PROMISES US HIS GRACE.**

God designed us for specific purposes. You were made for a mission.  
It's time to let your light shine.

*“Noah did everything that the Lord God commanded him to do.” (Genesis7:5)*

Join us to discover how you are called to choose happiness

St. John Catholic Church  
Defiance, Ohio

**March 2, 2018**  
**6pm to 10pm**

Are you a Pilgrim or a  
Tourist?

Breaking the Cycle by  
identifying the struggles  
you face and the  
strengths you possess in  
your life.



**March 3, 2018**  
**8am to 9:30pm**

Inspired by the book:  
Resisting Happiness.

What is the resistance  
that stands between you  
and happiness?

Weekend will include: Fellowship, Personal Witness, Group Sharing,  
Mass, Reconciliation, and Great Food.

*“This is the day the Lord has made, let us be glad and rejoice” (Psalm 118:24)*

For more information please call

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